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The Holistic Baby Guide Summary The Holistic Baby Guide: Alternative Care for Common Health Problems by Randall Neustaedter You can heal your baby's symptoms with a holistic treatment plan that includes natural medicines, nutritional supplements, and lifestyle changes, instead of turning to potentially harmful chemical products and medications.

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The Holistic Baby Guide: Alternative Care for Common ...

The Holistic Baby Guide offers parents a wide variety of dietary practices, nutritional supplements, and holistic medical approaches to resolving worrisome health issues common in infants, such as colic, diaper rash, and eczema. Author Randall Neustaeder has more than thirty-five years of experience as a holistic medicine specialist and a licensed naturopath; he is also the father of five children.

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In this post, we review the standard newborn procedures, show how many are not evidence-based, and provide natural alternatives. Antibiotic eye ointment. Antibiotic eye ointment, erythromycin, is given to newborns to prevent blindness that is caused by a mother infected with gonorrhea or chlamydia.

Natural Baby: Alternatives to routine newborn procedures

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Holistic Medicine for Kids and Functional Medicine

With a holistic approach to childbirth, you may choose to use techniques such as guided imagery, breathing, movement, hydrotherapy, or self-hypnosis in place of, or as a complement to, common options in labor, such as an epidural. But why, with easy access to technology that makes labor more comfortable, might you choose an alternative?

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The holistic label may indicate a wide range of complementary or alternative treatment offerings. When considering various rehabilitation centers, people may need to do some research into what each specific location advertises as holistic offerings.

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